Immune responses in COVID-19 and potential vaccines: Lessons learned from SARS and MERS epidemic

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Abstract

As the world is witnessing the epidemic of COVID-19, a disease caused by a novel coronavirus, SARS-CoV-2, emerging genetics and clinical evidences suggest a similar path to those of SARS and MERS. The rapid genomic sequencing and open access data, together with advanced vaccine technology, are expected to give us more knowledge on the pathogen itself, including the host immune response as well as the plan for therapeutic vaccines in the near future. This review aims to provide a comparative view among SARS-CoV, MERS-CoV and the newly epidemic SARS-CoV-2, in the hope to gain a better understanding of the host-pathogen interaction, host immune responses, and the pathogen immune evasion strategies. This predictive view may help in designing an immune intervention or preventive vaccine for COVID-19 in the near future.

Key words: Coronavirus, immune response, COVID-19, immune evasion, immunopathology

Introduction

The world experienced the outbreaks of coronavirus infection that threaten global pandemic in 2002-2003 by Severe Acute Respiratory Syndrome (SARS) and in 2011 by Middle East Respiratory Syndrome (MERS). In both cases, the causative agents (SARS-CoV and MERS-CoV, respectively) were newly identified coronavirus in the genus Betacoronavirus with zoonotic origin. At the end of 2019, outbreak of another coronavirus that causes respiratory-related illness was reported in Wuhan, Hubei, China, a disease now officially called "the Corona Virus Disease 2019; COVID-19". The coronavirus that is the causative agent of this respiratory disease was identified and its genome is fully sequenced.1 The genomic sequence of SARS-CoV-2 showed similar, but distinct genome composition of SARS-CoV and MERS-CoV. Since its first reported case in late 2019, the infection has spread to other regions in China and other countries, and the transmission rate, the mortality rate and the clinical manifestation slowly emerged. However, it will take months and maybe years until we will fully grasp the whole picture of the characteristics of the pathogens and its likely origin, symptoms and the host immune responses to combat the infection.

With the rapid bedside-to-bench investigation, newly available tools such as next generation sequencing (NGS) and the open access information, key information on the clinical features of the infected patients and the host immune responses started to accumulate for reconstructing the jigsaw puzzle of the epidemic piece by piece.2 With its genome closely related to SARS-CoV and MERS-CoV and the accumulated clinical and experimental data on these previous viruses, one can hypothesize and even predict how the host immune system may deal with this particular virus and how the virus may evade such host responses. This review focuses on the immunology side of the infection using insights learned from the outbreak of SARS-CoV and MERS-CoV. Based on the accumulated data and knowledge on the previous coronavirus infection, this review hopes to fill the knowledge gap on human immune response to SARS-CoV-2 infection that may shed light on what may go wrong that leads to some fatalities.
This insight may help in designing the appropriate immune intervention for treatment and the prophylactic/therapeutic vaccines against current coronavirus.

**Host-Pathogen Interaction: Emerging Profiles of SARS-CoV-2 Infection**

Investigation of emerging pattern or transmission characteristic of SARS-CoV-2 has surged after a burst of confirmed cases worldwide since December 2019. One of the initial reports stated that most of the laboratory-confirmed infected patients (27 out of 41 cases) had links to Wuhan seafood market.\(^2\) Identification of the source or intermediate host of SARS-CoV-2 were attempted, focusing on animals normally traded within the market including snakes, birds and other small mammals. However, to date, no specific animal association with SARS-CoV-2 has been conclusively identified. The most likely intermediate host candidate is thought to be pangolins as the coronavirus genetic sequences from the animals and from humans infected during the outbreak showed a 99% match, which was reported by the researchers at a press conference on February 7, 2020.\(^3\)

In parallel with intermediate host identification, a study in one family revealed that 6 patients who had travelled to Wuhan, had no direct contact with the market. Moreover, one of the family members became infected even without a trip to Wuhan. The conclusion was that SAR-CoV-2 could be transmitted from human-to-human, via respiratory droplets or close contact.\(^4\) A larger study with 425 patients also confirmed human-to-human transmission in which most of the patients (200 out of 277) who were diagnosed during January 1–22, 2020, had never been exposed to either the Wuhan market or been in close contact with individuals with respiratory symptoms.\(^5\)

According to the rapid spreading of SAR-CoV-2, WHO issued a public health emergency of international concern (PHEIC) alarm on January 30, 2020. By using a mathematical model to calculate the basic reproductive number, \(R_0\), which is the average number of people that

\[\begin{align*}
\text{Figure 1. Comparative data of (A) deaths/total cases and (B) mortality rate of SARS-CoV, MERS-CoV and SARS-CoV-2.} \\
\text{Numbers on bar graphs represent death/confirmed cases} \\
*\text{Data obtained Feb 20, 2020, 9.53 am.} \\
\end{align*}\]
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Table 1. Summary of demographic data and emerging characteristic of SARS-CoV, MERS-CoV and SAR-CoV-2

<table>
<thead>
<tr>
<th>Demographic</th>
<th>SARS-CoV</th>
<th>MERS-CoV</th>
<th>SAR-CoV-2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date/Place first detected</td>
<td>November 2002/ Guangdong China</td>
<td>June, 2012/ Jeddah, Saudi Arabia</td>
<td>December, 2019/ Wuhan, China</td>
</tr>
<tr>
<td>Age, years (range)</td>
<td>39.9 (1 to 91)</td>
<td>56 (14 to 94)</td>
<td>&lt; 1 to &gt; 80</td>
</tr>
<tr>
<td>Confirmed cases</td>
<td>8,096</td>
<td>2,494</td>
<td>75,725*</td>
</tr>
<tr>
<td>Mortality rate</td>
<td>744 (9.19%)</td>
<td>858 (34.4%)</td>
<td>2,126 (2.8%)*</td>
</tr>
</tbody>
</table>

Host-Pathogen Interaction

<table>
<thead>
<tr>
<th>Possible natural reservoir</th>
<th>Bat</th>
<th>Bat</th>
<th>Bat</th>
</tr>
</thead>
<tbody>
<tr>
<td>Possible intermediate host</td>
<td>Palm civets</td>
<td>Camel</td>
<td>Pangolin**</td>
</tr>
<tr>
<td>Predominant cellular receptor</td>
<td>ACE2</td>
<td>Dipeptidyl peptidase 4 (DPP4, also known as CD26)</td>
<td>ACE2</td>
</tr>
</tbody>
</table>

Emerging characteristic

<table>
<thead>
<tr>
<th>Number of affected country</th>
<th>29</th>
<th>27</th>
<th>29*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reproductive number, $R_0$</td>
<td>1.4–5.5</td>
<td>&lt; 1</td>
<td>2.2–2.6</td>
</tr>
<tr>
<td>Epidemic doubling time</td>
<td>4.6 to 14.2 days (depending on settings)*</td>
<td>90 18</td>
<td>6.4 15</td>
</tr>
</tbody>
</table>

*Obtained Feb 20, 2020, 9.53 am
**Reported at press conference on February 7, 2020

one infected individual will pass the virus on to. If $R_0$ is higher than 1, continued transmission can occur. $R_0$ of SAR-CoV-2 ranged from 2.2-2.6, with an epidemic doubling time of 6.4 days.\cite{6,18} This implies that, in order to reduce $R_0$ below 1, more than half of the current infection must be prevented or controlled.\cite{19} Comparing with SARS-CoV and MERS-CoV which $R_0$ were < 1 and 1.4–2.5, respectively, it implies that SAR-CoV-2 is more contagious than MERS-CoV and may cause an epidemic or even a pandemic if transmission is uncontrolled.

**Immunopathology of COVID-19**

The site of initial infection with SARS-CoV-2 is unknown and the pathogenesis of COVID-19 is still under investigation. For most patients, COVID-19 might affect only the lungs because it is mainly a respiratory disease. The primary mode of infection is human-to-human transmission through close contact, which occurs via spraying droplets from infected individual through their cough or sneeze. COVID-19 has a probable asymptomatic incubation period between 2 and 14 days during which the virus can be transmitted.\cite{20} For this reason, the rapid spread of SARS-CoV-2 has occurred with the basic $R_0$ of 2.2-2.6, meaning that on average each individual has the potential to spread the infection to 2.2 other people.\cite{1,2,11}

Based on hospitalized patient data, the majority of COVID-19 cases (about 80%) presented with asymptomatic or with mild symptoms while the remainder are severe or critical.\cite{21,24} It seems that the severity and fatality rate of COVID-19 are milder than that of SARS and MERS. With similar clinical presentations as SARS and MERS, the most common symptoms of COVID-19 are fever, fatigue, and respiratory symptoms, including cough, sore throat and shortness of breath. Although diarrhea was presented in about 20-25% of patients with SARS and MERS, intestinal symptoms were rarely reported in patients with COVID-19.\cite{1,2,4} Most patients also developed lymphopenia and pneumonia with characteristic pulmonary ground glass opacity changes on chest CT.\cite{1,4} In addition, the study of 41 hospitalized patients with high-levels of proinflammatory cytokines including IL-2, IL-7, IL-10, G-CSF, IP-10, MCP-1, MIP-1A, and TNFα were observed in the COVID-19 severe cases.\cite{2} These findings are in line with SARS and MERS in that the presence of lymphopenia and “cytokine storm” may have a major role in the pathogenesis of COVID-19.\cite{22,24} This so-called “cytokine storm” can initiate viral sepsis and inflammatory-induced lung injury which lead to other complications including pneumonitis, acute respiratory distress syndrome (ARDS), respiratory failure, shock, organ failure and potentially death. Further autopsy or biopsy studies are necessary to understand more details of this disease.

At present, the mortality rate of COVID-19 worldwide is approximately 2.4% which are caused by multi-organ failure especially in elderly people and people with underlying health conditions such as hypertension, cardiovascular disease and diabetes.

**Innate Immune Responses to SARS-CoV-2 Infection: Gaining Insight from Strategies used by SARS-CoV and MERS-CoV**

Currently, only limited information is available on the host innate immune status of SARS-CoV-2 infected patients. In one report where 99 cases in Wuhan were investigated, increased total neutrophils (38%), reduced total lymphocytes (35%),
increased serum IL-6 (52%) and increased c-reactive protein (84%) were observed. In a separate report also from Wuhan, it revealed that in 41 patients, increased total neutrophils, decreased total lymphocytes in patients of ICU vs. non-ICU care were found to be statistically different. Increased neutrophils and decreased lymphocytes also correlate with disease severity and death. Furthermore, patients needing ICU care had higher plasma levels of many innate cytokines, IP-10, MCP-1, MIP-1A, and TNFα. These clinical features suggested the likelihood of involvement of highly pro-inflammatory condition in the disease progression and severity. This early high rise in the serum levels of pro-inflammatory cytokines were also observed in SARS-CoV and MERS-CoV infection, suggesting a potential similar cytokine storm-mediated disease severity.

Effective innate immune response against viral infection relies heavily on the interferon (IFN) type I responses and its downstream cascade that culminates in controlling viral replication and induction of effective adaptive immune response. While SARS-CoV and SARS-CoV-2 seem to share the entry receptor of ACE2, MERS-CoV uses dipeptidyl peptidase (DPP)-4 as a specific receptor. The putative receptor of SARS-CoV-2, ACE2, is mainly expressed in a small subset of cells in the lung called type 2 alveolar cells. It has been reported that SARS-CoV directly infects macrophages and T cells, a key feature in SARS-CoV-mediated pathogenesis. Whether SARS-CoV-2 infects any immune cells are still unknown. Only minimal percentages of monocytes/macrophages in the lung expressed ACE2. If ACE2 is minimally expressed in the potential target immune cells, it is possible that other receptors may exist, or other cellular entry mode is utilized such as antibody-dependent enhancement (Figure 2).

To mount an antiviral response, innate immune cells need to recognize the invasion of the virus, often by pathogen-associated molecular patterns (PAMPs). For RNA virus such as coronavirus, it is known that PAMPs in the form of viral genomic RNA or the intermediates during viral replication including dsRNA, are recognized by either the endosomal RNA receptors, TLR3 and TLR7 and the cytosolic RNA sensor, RIG-I/MDA5. This recognition event leads to activation of the downstream signaling cascade, i.e. NF-κB and IRF3, accompanied by their nuclear translocation. In the nuclei, these transcription factors induce expression of type I IFN and other pro-inflammatory cytokines and this initial responses comprise the first line defense against viral infection at the entry site.

Type I IFN via IFNAR, in turn, activates the JAK-STAT pathway, where JAK1 and TYK2 kinases phosphorylate STAT1 and STAT2. STAT1/2 form a complex with IRF9, and together they move into the nucleus to initiate the transcription of
IFN-stimulated genes (ISGs) under the control of IFN-stimulated response element (ISRE) containing promoters. A successful mounting of this type I IFN response should be able to suppress viral replication and dissemination at an early stage.

For SARS-CoV and MERS-CoV, the response to viral infection by type I IFN is suppressed. Both coronaviruses employ multiple strategies to interfere with the signaling leading to type I IFN production and/or the signaling downstream of IFNAR. This dampening strategy is closely associated with the disease severity. At the step of type I IFN induction, SARS-CoV interferes with the signaling downstream of RNA sensors directly or indirectly such as ubiquitination and degradation of RNA sensor adaptor molecules MAVS and TRAF3/6 and inhibiting IRF3 nuclear translocation. MERS-CoV also utilizes some of these strategies with additional mechanism such as repressive histone modification. Once type I IFN is secreted, these two viruses are equipped with mechanism that inhibit IFN signaling such as decreasing STAT1 phosphorylation. The viral proteins involved in the modulation of this host type I IFN response are both structural proteins (such as M, N) and non-structural proteins (ORF proteins).

Based on the genomic sequence comparison, SARS-CoV shares overall genomic similarity with SARS-CoV or MERS-CoV, approximately 79% and 50%, respectively. The genome of SARS-CoV-2 also contains additional gene regions (10b, 13, 14). In addition, the amino acid sequences of some putative proteins of SARS-CoV-2 show only 68% similarity with that of SARS-CoV. Therefore, careful sequence comparison of each gene region may yield better prediction as how SARS-CoV-2 interferes with host innate immune response. It is partially speculative that SARS-CoV-2 utilizes similar strategies to modulate the host innate immune response, especially in dampening the type I IFN response but additional novel mechanisms may be uncovered (Figure 2).

In the severe or lethal cases of SARS-CoV or MERS-CoV infection, increased neutrophil and monocye-macrophages influx are consistently observed. In a mouse model of SARS-CoV infection, dysregulated type I IFN and inflammatory monocyte-macrophages are the main cause of lethal pneumonia. Therefore, excessive type I IFN with the infiltrated myeloid cells are the main cause of lung dysfunction and negatively impact the outcome of the infection. It is speculated that upon SARS-CoV or MERS-CoV infection, delayed type I IFN compromises the early viral control, leading to influx of hyperinflammatory neutrophils and monocytes-macrophages. The increases in these innate immune cells yields deteriorating consequences to infected host that manifested in lung immunopathology, including pneumonia or acute respiratory distress syndrome. In SARS-CoV-2 infection, similar scenario is expected with varying degree of immune interference. Interestingly, transmission of virus is reported to occur even in asymptomatic infected individuals. This may be indicative of delayed early response of the innate immune response.

Based on the accumulated data for previous coronavirus infection, innate immune response plays crucial role in protective or destructive responses and may open a window for immune intervention. Active viral replication later results in hyperproduction type I IFN and influx of neutrophils and macrophages which are the major sources of pro-inflammatory cytokines. With similar changes in total neutrophils and lymphocytes during COVID19, SARS-CoV-2 probably induces delayed type I IFN and loss of viral control in an early phase of infection. Individuals susceptible to COVID19 are those with underlying diseases, including diabetes, hypertension, and cardiovascular disease. In addition, no severe cases were reported in young children, when innate immune response is highly effective. These facts strongly indicate that innate immune response is a critical factor for disease outcome.

Based on the assumption that innate immunity plays a key role, several interventions can be proposed. Type I IFN, antagonists of some key pro-inflammatory cytokines and anti-viral agents are some of these examples. When using type I IFN for treatment, in a mouse model of either SARS-CoV or MERS-CoV infection, the timing of administration is key to yield protective response.

Adaptive Immune Responses: A Clue for Future Vaccine Development?

In general, the Th1 type immune response plays a dominant role in an adaptive immunity to viral infections. Cytokine microenvironment generated by antigen presenting cells dictate the direction of T cell responses. Helper T cells orchestrate the overall adaptive response, while cytotoxic T cells are essential in killing of viral infected cells. Humoral immune response, especially production of neutralizing antibody, plays a protective role by limiting infection at later phase and prevents re-infection in the future. In SARS-CoV, both T and B cell epitopes were extensively mapped for the structural proteins, S, N, M and E protein. SARS-CoV infection induces seroconversion as early as day 4 after onset of disease and was found in most patients by 14 days. Long lasting specific IgG and neutralizing antibody are reported as long as 2 years after infection. For MERS-CoV infection, seroconversion is seen at the second or third week of disease onset. For both types of coronavirus infections, delayed and weak antibody response are associated with severe outcome. A limited serology details of SARS-CoV-2 was reported. In a preliminary study, one patient showed peak specific IgM at day 9 after disease onset and the switching to IgG by week 2. Interestingly, sera from 5 patients of confirmed COVID-19 show some cross-reactivity with SARS-CoV, but not other coronavirus. Furthermore, all sera from patients were able to neutralize SARS-CoV-2 in an in vitro plaque assay, suggesting a possible successful mounting of the humoral responses. Whether the kinetic/titer of specific antibody correlates with disease severity remains to be investigated.

T cell response in SARS-CoV was extensively investigated. In one study using 128 convalescent samples, it was reported that CD8+ T cell responses were more frequent with greater magnitude than CD4+ T cell responses. Furthermore, the virus specific T cells from the severe group tended to be a central memory phenotype with a significantly higher frequency of polyfunctional CD4+ T cells (IFNγ, TNFa, and IL-2) and CD8+ T cells (IFNy, TNFa and degranulated state), as compared with the mild-moderate group. Strong T cell responses correlated significantly with higher neutralizing antibody while more serum Th2 cytokines (IL-4, IL-5, IL-10) were detected in the fatal group. For the epitope mapping, most responses...
human immune responses. This partly explains why they tend to have a longer incubation period, 2-11 days on average compared to influenza, 1-4 days.\textsuperscript{17} The longer incubation period is probably due to their immune evasion properties, efficiently escaping host immune detection at the early stage of infection. As a member of the Betacoronavirus genus, immune evasion mechanism is potentially similar to those of SARS-CoV and MERS-CoV.\textsuperscript{37} As neutrophils play a destructive role in all infections, the protective or destructive role of Th17 in human coronavirus infection remains unanswered.

Current evidences strongly indicated that Th1 type response is a key for successful control of SARS-CoV and MERS-CoV and probably true for SARS-CoV-2 as well. CD8+ T cell response, even though crucial, needs to be well controlled in order not to cause lung pathology. Because most epitopes identified for both viruses concentrate on the viral structural proteins, it will be informative to map those epitopes identified with SARS-CoV/MERS-CoV with those of SARS-CoV-2. If overlapping epitopes among the three viruses can be identified, it will be beneficial for application in passive immunization using convalescent serum from recovered SARS or MERS patients. For T cell epitopes, it will help in designing cross reactive vaccine that protect against all three human coronaviruses in the future.

Potential Immune Evasion Mechanisms

Current observations indicate that coronaviruses are particularly adapted to evade immune detection and dampen human immune responses. This partly explains why they tend to have a longer incubation period, 2-11 days on average compared to influenza, 1-4 days.\textsuperscript{17} The longer incubation period is probably due to their immune evasion properties, efficiently escaping host immune detection at the early stage of infection. As a member of the Betacoronavirus genus, immune evasion mechanism is potentially similar to those of SARS-CoV and MERS-CoV. The mechanisms of how SARS-CoV and MERS-CoV modulate host immune responses were extensively reviewed and discussed (Figure 3).\textsuperscript{30,38,39} In brief, most mechanisms rely on the inhibition of innate immune responses, especially type I interferon recognition and signaling. The viral proteins including membrane (M) or nonstructural (NS) proteins (eg. NS4a, NS4b, NS15) are the key molecules in host immune modulation. In agreement with the aforementioned study, analysis of two MERS-CoV-infected individuals with different severity found that the type I interferon response in the poor outcome (death) patient was remarkably lower than the recovered patient.\textsuperscript{40} For adaptive immune evasion, antigen presentation via MHC class I and MHC class II was downregulated when the macrophages or dendritic cells were infected with MERS-CoV, which would markedly diminish T cells activation.\textsuperscript{38}

Prophylactic Vaccines: Is it possible?

Due to the rapid increase of SAR-CoV-2 infections and affected countries, efforts toward developing an effective SAR-CoV-2 vaccine have been ignited in many countries. By gaining

Figure 3. Potential immune evasion mechanisms shared by SARS-CoV, MERS-CoV and SARS-CoV-2.
Coronaviruses interfere with multiple steps during initial innate immune response, including RNA sensing (1 and 2), signaling pathway of type I IFN production (3), STAT1/2 activation downstream of IFN/IFNAR (4) as indicated by suppressive marks. This delayed or dampening type I IFN responses impinge upon adaptive immune activation. Prolonged viral persistence exacerbates inflammatory responses that may lead to immune exhaustion and immune suppression as a feedback regulatory mechanism. Biased Th2 type response also favors poor outcome of the disease.
Within two months of the SARS-CoV-2 outbreak, at least 37 biopharmaceutical companies or academic sectors are in the race to develop the prophylactic vaccine by using several platforms including mRNA, DNA, adenoviral vector and recombinant protein. In order to make SARS-CoV-2 vaccine possible, gathering of important information for vaccine development and evaluation should be well defined. This includes finding target antigen(s), immunization route, correlated-immune protection, animal models, scalability, production facility, target product profile (TPP), outbreak forecasting and target population. International collaboration as well as technology transfer between experts will also help SARS-CoV-2 vaccine development quickly move forward. Lesson-learned from Zika, in order to speed up the available vaccine during ongoing outbreak, preclinical studies of SARS-CoV-2 vaccine candidates may need to be performed in parallel with clinical trials. However, before entering clinical testing, the regulatory agencies must assess the production process and preclinical information to ensure volunteers’ safety.

By looking at the similarities and differences between the current SARS-CoV-2 and the previous outbreak of SARS and MERS, a striking similarity emerges with some unique features of its own. As the COVID-19 causes serious public health concerns across Asia and on the blink to affect world population,
investigation into the characteristics of SARS-CoV-2, its interaction with the host immune responses may help provide a clearer picture of how the pathogen causes diseases in some individuals while most infected people only show mild or no symptoms at all. In addition, the study of the immune correlates of protection and the long-term immune memory from convalescent individuals may help in design prophylactic and therapeutic measures for future outbreak of similar coronaviruses.

Conflict of interest
The authors declare no conflict of interest

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